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# City sponsoring ‘Free Movie Ticket’ blood drive

**Jan. 31, 2013**— The City of Deltona is sponsoring a blood drive for Florida’s Blood Center’s from 9 a.m. to 2 p.m., Feb. 7. Their mobile collection unit will be in the parking lot at City Hall, 2345 Providence Blvd.

Donors will receive a free movie ticket voucher and a free seven-day trial membership to LA Fitness, Orange City, and a wellness checkup to include a blood pressure check, pulse rate check, temperature, iron count and cholesterol screening. All ALYX donors will receive a \$10 Darden Restaurants gift card in the mail.

Giving blood is simple and easy. The entire procedure, from completing a short medical history to drawing the blood and resting afterward with refreshments, takes less than an hour. Blood donation is safe and painless and healthy people can donate every eight weeks.

To donate, you must be in good health, be 18 years of age or older, weigh at least 102 pounds and bring a photo identification card. Sixteen and 17-year-olds may give with parental consent.

For information on blood donation, call 1-888-9-donate or visit [floridasbloodcenters.org](http://floridasbloodcenters.org). To set up a “no wait” appointment, visit [fbcdonor.org](http://fbcdonor.org) and use account number “M1NP.”