



Media Contact: Wendi Jackson
Communication/Public Information
City of Deltona, 2345 Providence Blvd.
Deltona, FL 32725
Phone: (386) 878-8508
Cell Phone: (386) 804-3706
FAX: (386) 878-8501

Deltona Parks & Rec hosts Health Expo for whole family

May 27, 2014— On June 7, Deltona Parks & Recreation along with their sponsors, will host "Bee Healthy Deltona: A Community Health Expo" from 10 a.m. to 1 p.m., in the Commission Chambers at City Hall, 2345 Providence Blvd.

The expo is a one-day event designed to provide opportunities for all Deltona families to educate themselves on health and wellness related resources available to them both in and around Deltona. The expo will emphasize improved wellness and overall health for the entire family—including children, moms and dads and seniors.

Over 30 vendors from health care providers, wellness organizations, financial and retirement advisors and government liaisons will have showcases and offer giveaways and door prizes. Free massages, blood pressure checks and hearing screenings will also be available.

The City of Deltona's co-sponsors are Florida Hospital Fish Memorial, Electrical Solutions, Brain Trust and Insight Credit Union. For additional information, contact Deltona Parks & Recreation, (386) 878-8900.

"It Starts in Parks"