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Deltona Parks & Rec hosts Health Expo for whole family

May 22, 2014— On June 6, Deltona Parks & Recreation along with their sponsors, will host "Bee Healthy Deltona: A Community Health Expo" from 10 a.m. to 1 p.m., in the Commission Chambers at City Hall, 2345 Providence Blvd.

The expo is a one-day event designed to provide opportunities for all Deltona families to educate themselves on health and wellness related resources available to them both in and around Deltona. The expo will emphasize improved wellness and overall health for the entire family—including children, moms and dads and seniors.

Over 30 vendors from health care providers, wellness organizations, financial and retirement advisors and government liaisons will have showcases and offer giveaways and door prizes. Free massages, blood pressure checks and hearing screenings will also be available.

The City of Deltona's co-sponsors are Halifax Health, Harmony Clinic, Florida Hospital Fish Memorial, LAD Imaging, Sakowitz Eye Center, Walmart and Publix. For additional information, contact Deltona Parks & Recreation, (386) 878-8900.